

# NOT ALL HIV TREATMENTS ARE THE SAME

## WHAT YOU SHOULD THINK ABOUT BEFORE STARTING TREATMENT

There are many treatment options that can lower your viral load, but there are also other important things that you should think about when considering which HIV-1 treatment is right for you.

### SOME QUESTIONS TO ASK WHEN MEETING WITH YOUR DOCTOR

- How will my body respond to my HIV treatment?
- What are the types and severities of side effects of my HIV treatment?
- Can I still take other medications or supplements with my HIV treatment?
- What effect will my HIV treatment have on other health conditions I may have or may get?

Write down any concerns you may have about potential side effects (such as feeling ill, gastrointestinal problems, or central nervous system issues):

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Write down any medications, supplements, or recreational drugs you are taking:

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**Remember: Your whole health matters.**

**Talk to your doctor about all your concerns to find the right treatment for you.**